



PRE-OCCUPATIONAL THERAPY INFORMATION
UNIVERSITY OF NORTH TEXAS
COLLEGE OF ARTS & SCIENCES
GENERAL ACADEMIC BUILDING 220

Occupational therapy is a health care profession that uses purposeful activity as a means of preventing, reducing or overcoming physical, social and emotional disabilities in people of all ages. The occupational therapist assists the patient in performing everyday tasks with a high degree of independence.

Occupational therapists work in a wide variety of settings: general, psychiatric, pediatric and orthopedic hospitals, as well as clinics. They may also work in rehabilitation facilities, schools, geriatric centers and home care programs. Occupational therapists may work in communities as consultants and many are opening private practices. In addition to being clinicians, occupational therapists may also have careers as administrators, educators, or researchers.

There are six occupational therapy programs in Texas. Two of the six offer a Master's degree in Occupational Therapy. The remaining four award a Bachelor of Science degree in Occupational Therapy. All schools require specified prerequisites and electives of at least 60-89 hours or a bachelors degree. The student must be accepted into a professional program in occupational therapy and complete 22-24 months of intensive training.

Interviews are sometimes conducted by the professional schools of occupational therapy. Personal qualifications, motivation, scholarship, ability, and the probability of professional success are often the criteria used in the selection process. Most programs require a minimum grade point average of around a 3.0 on a 4.0 scale with a higher grade point average often required for the science courses. An applicant is expected to have some knowledge of the profession which can be gained in a variety of ways such as volunteer or paid work, observation in a clinical setting, personal contact with an occupational therapist, or through reading journal articles and books.

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Information on all the Occupational Therapy programs in Texas may be obtained from the following addresses:

Texas Tech University
School of Allied Health Admissions
4th Street, 2B/C194
Lubbock, Texas 79430-5005
(806) 743-3220
www.ttuhs.edu/pages/ot/ttuotv2

Texas Tech University
Department of Occupational Therapy 3601
Odessa Campus
419 W. 4th Street, Suite 600
Odessa, Texas 79761
(806) 354-5589

Texas Tech University
Department of Occupational Therapy
Amarillo Campus
1300 Wallace Blvd.
Amarillo, Texas 79106
(806) 354-5589

Texas Woman's University
School of Occupational Therapy
Main Campus
P.O. Box 23718, TWU Station
Denton, Texas 76204-5648
(940) 898-2802
www.twu.edu/ot/

TWU, Houston Center
School of Occupational Therapy
1130 MD Anderson Blvd.
Houston, Texas 77030
(713) 794-2128
www.twu.edu/ot/houston/index.htm

TWU Dallas Center
School of Occupational Therapy
8194 Walnut Hill Lane
Dallas, Texas 75231
(214) 706-2350
www.twu.edu/ot/dallas/index.htm

The University of Texas Medical Branch
Occupational Therapy
School of Allied Health Sciences
301 University Blvd.
Galveston, TX 77555-1028
(409) 772-3060
www.utmb.edu

The University of Texas Health Department of
Science Center at San Antonio
Department of Occupational Therapy
7703 Floyd Curl Drive
San Antonio, Texas 78284-6243
(210) 567-8800
www.uthscsa.edu/sah/ot.html

University of Texas at El Paso
College of Nursing and Health Sciences
Department of Occupational Therapy
1101 North Campbell
El Paso, Texas 79902
(915) 747-7280
www.nurse.utep.edu/ot/index.htm

UT-Pan American*
Occupational Therapy Program
Health Sciences and Human
Services Building
1201 W. University Drive
Edinburg, Texas 78539-2999
(956) 381-2475
www.panam.edu/dept/occtherapy/

Before completing the prerequisite course requirements, the student should write for applications which are available for the institutions listed. *These applications should be completed and returned approximately one year prior to the time of desired admission.* Specific application deadlines of occupational therapy schools vary, so the student should contact the schools individually. Consideration of applicants for admission is done on a continuing basis and the selection of applicants is completed prior to the beginning date of the program. All scholastic records from each college attended must be submitted. Recommendation, evaluation, or reference forms are included in the application packets. These are to be completed by faculty members, supervisors or employers, or the health professions advisor or advisory committee at your college. After graduation, students are eligible to take the Certification Examination of the American

Occupational Therapy Certification Board (AOTCB) and apply for state licensure if the AOTCB exam is passed.

Please be aware that these requirements can change. Check with your health professions advisor or the directors of admission of the schools for any changes or additional requirements.

Revised by: Gary Estep, Lubbock Christian University

Bachelor's degree programs:

UTEP - The University of Texas at El Paso

UTPA - The University of Texas - Pan American (operates under the existing accreditation status of UTHSCSA. The curriculum for the UTPA program duplicates the program at UTHSCSA)

Master's degree programs:

TWU - Texas Woman's University (GRE required)

Option 1: No bachelor's degree required (**Denton** - BS in Community Health/MOT Program)

Option 2: Bachelor's degree required (**Dallas & Houston** - MOT program only)

UTHSCSA - The University of Texas Health Science Center at San Antonio

Only one option (MOT program) - does not require a bachelor's degree

UTMB - The University of Texas Medical Branch

TTUHSC - Texas Tech University Health Science Center

**PREREQUISITES FOR THE OCCUPATIONAL THERAPY
PROGRAMS IN TEXAS***

Communications: 3-6 semester hours

UTMB, UTHSCSA, UTEP COMM 2040 Speech

English: 6-12 semester hours

TTUHSC, UTHSCSA, ENGL 1310 College Writing I (3 hours) &
TWU, UTEP ENGL 1320 College Writing II (3 hours)

UTHSCSA 3 additional hours English elective

History: 6 semester hours

TTUHSC, UTMB, UTHSCSA, HIST 2610 US History to 1865 (3 hours) &
TWU (Denton), UTEP HIST 2620 US History from 1865 (3 hours)

Political Science: 6 semester hours

UTHSCSA, UTEP PSCI 1040 American Government (3 hours) &
PSCI 1050 American Government (3 hours)

Math: 6-8 semester hours

UTHSCSA, UTEP MATH 1100 College Algebra (3 hours) OR higher

TTUHSC MATH 1650 Pre-Calculus (5 hours)

TTHSC, UTHSCSA, MATH 1680 Elementary Probability & Statistics (3 hours)
TWU (Denton), UTMB

Computer Science: 3 semester hours

UTHSCSA, UTPA CSCI 1100 Introduction to Computers (3hours)

Psychology: 3-12 semester hours

TTUHSC, UTHSCSA, UTPA, PSYC 1630 General Psychology I (3 hours)
UTEP

UTHSCSA, UTMB, UTPA, UTEP, PSYC 3620 Developmental Psychology (3 hours)
TWU (Denton, Dallas, & Houston)

TTUHSC, UTHSCSA, UTPA, TWU, UTMB	PSYC 4610 Abnormal Psychology (3 hours)
UTEP	Any additional 3 hours of psychology
UTEP	PSYC 3610 Quantitative Methods in Psychology (3 hrs)
<u>Sociology: 3-6 semester hours</u>	
TTUHSC, UTMB, UTHSCSA*, UTPA*, TWU, UTEP	SOCI 1510 Individuals in Society (3 hours) *May substitute anthropology for sociology
UTHSCSA	An additional 3 hours in Sociology or Anthropology
<u>Biology: 12-16 semester hours</u>	
TTUHSC, UTMB, UTHSCSA, TWU (Denton), UTEP	BIOL 1710 Principles of Biology I (3 hours) & BIOL 1730 Principles of Biology Lab I (1 hour)
TTUHSC, UTEP	BIOL 1720 Principles of Biology II (3 hours) & BIOL 1740 Principles of Biology Lab II (1 hour)
UTMB, UTHSCSA, TTUHSC, UTPA, TWU, UTEP	BIOL 2401 Applied Human Anatomy (4 hours) & BIOL 2402 Applied Human Physiology (4 hours)
UTHSCSA, UTPA	BIOL 3500 Medical Terminology
UTMB	BIOL 4750 Neuroscience (3 hrs)
<u>Kinesiology (3 hrs)</u>	
UTMB	KINE 3050 Biomechanics (3 hrs)
<u>Chemistry: 4 semester hours</u>	
UTHSCSA, UTEP	CHEM 1410 General Chemistry I (3 hours) & CHEM 1430 Lab Sequence for 1410 (1 hour)
<u>Physics: 4 semester hours</u>	
TTUHSC, UTHSCSA, TWU	PHYS 1410 General Physics I (3 hours) & PHYS 1430 Lab Sequence for 1410 (1 hour) *TTUHSC only requires 3 hours
<u>Additional Requirements/Electives</u>	
UTMB	Must have BS or BA
UTHSCSA	9 hours of Humanities (Education, Fine Arts, Foreign Language, Philosophy) 12 hours of additional electives. Courses in Leadership Skills, Interpersonal Skills, Public Health, Human Sexuality, Economics, Humanities, Fine Arts, Foreign Language, and Philosophy are recommended
UTPA	3 hours of Visual and Performing Arts
UTEP	Visual and Performing Arts, Math for Social Sciences (3 hours)

***Shown above is a composite list of requirements for the occupational therapy programs in Texas. Please be aware that program requirements may change without notice and can vary**

with each school.